

Carolyn Runge, MPH, IBCLC

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Education

2018 - Current	DrPH	Leadership School of Public Health University of Illinois at Chicago
2014	MPH	Policy & Management Fairbanks School of Public Health Indiana University, Indianapolis
2005	BA	Sociology School of Liberal Arts Indiana University, Indianapolis

Professional Certifications & Honors

- International Board-Certified Lactation Consultant (IBCLC) retired 2025
- Delta Omega Honorary Society for Public Health

Research Interests

- Maternal child health as a focus for improving population health
- Adaptive leadership as a tool to optimize organizational capacity

Current Position

2023 – Present Indiana University Indianapolis
Richard M. Fairbanks School of Public Health
Visiting Lecturer
Faculty Undergraduate Coordinator

Primary responsibilities include teaching, mentoring, and helping assure student success in the department's undergraduate, MPH and MS degree programs, with a focus on curriculum quality, cohesion, and alignment with the Council on Education for Public Health (CEPH) standards and industry needs. Other responsibilities include identifying faculty for courses taught within the undergraduate community and global health department, serving as the point person to department faculty on undergraduate education topics, concerns, and questions, and collaborating with other faculty and staff on student outreach and retention efforts as requested. Service leadership expectations include coordination and instruction for the Community and Global Health Department's undergraduate capstone experience.

Courses taught include:

- PBHL-P109 Introduction to Public Health
- PBHL-P 415 Applied Health Promotion Methods
- PBHL-P 491 Capstone in Public Health
- PBHL-P500 Social and Behavioral Science in Public Health
- PBHL-S 120 Introduction to Community Health
- PBHL-S 315 Community Organizing for Health Promotion
- PBHL-S 349 Research Methods in Community Health

Previous Positions

2016 – 2022 University of Indianapolis, College of Health
Sciences, Public Health Program
2022 – 2023 *Associate Adjunct Faculty*
2016 – 2022 *Adjunct Faculty*

Instruct public health undergraduate and graduate students with primary goal of achieving course competencies and objectives. Responsibilities also include continuous curriculum development with a variety of pedagogical methods, as well as course advising with MPH graduate and undergraduate public health students and supervising student internships. Also, a proven team player in the faculty role contributing to planning projects and special events.

Courses taught include:

- KINS 106 – New Student Experience
- KINS 236 - Theory of Health Behavior
- KINS 260 – Introduction to Health in Diverse Communities
- KINS 265 – Current Topics in Public Health I
- KINS 266 – Human Sexuality
- KINS 275 – Current Topics in Public Health II
- KINS 420 – Drugs and Social Involvement
- KINS 425 – Independent Study
- KINS 465 – Program Planning in Public Health
- MPH 500 – Public Health Graduate Seminar
- MPH 535 – Program Planning and Proposal Development
- MPH 565 – Leadership in Public Health
- MPH 575 – Global Patterns of Health & Disease

2017 – 2021

Welco LKA, Inc.

Policy & Public Affairs Director

Responsible for guiding internal policy, quality metrics, curriculum development, and strategy formulation, as well as striving to raise the national profile of the evidence- based perinatal smoking cessation program, *Baby & Me – Tobacco Free*.

- Communicate with state and national leaders to discuss program to determine mutual good fit for new implementation and / or expansion efforts.
- Develop a train-the-trainer model including co-authorship of the Advanced Facilitator Training program manual and advanced curriculum.
- Submission and acceptance of the national model as a best practice as recognized by the *Association of Maternal and Child Health Programs*.
- Provide oversight to quality assurance and continuous quality improvement initiatives at the national program level as well as provide technical assistance for local sites.
- Foster external partnerships to inform and advance collective efforts to reduce the negative impacts of tobacco use by pregnant women and their families.
- Showcase successful implementations and innovative strategies at public health conferences throughout the United States.
- Enhance collaborations and partnerships with other national evidence-based models to forward maternal and child health innovations and improvements.
- Assist with data portal improvements and mechanisms for both statewide and national reporting and evaluations.

2012 – 2017

Indiana Department of Health

Maternal Health Administrator Maternal and Child Health Division

Direct the activities of women of childbearing age for Indiana within the Maternal and Child (MCH) Division utilizing a life course perspective, and responsible for guidance of evidence-based program and policy development, implementation, and evaluation.

- Collaborate within and across divisions of the Indiana Department of Health to advance awareness of the importance of the health of women of childbearing age for current and future generations.
- Formulate and interpret federal and state policies and procedures related to health programming for women of childbearing age in Indiana.
- Develop partnerships to coordinate existing programs and strategies to ensure the health and well-being of women of childbearing age.
- Implement evidence-based and promising practices, facilitate training, and monitor continuous quality improvement efforts and evaluation of programs.
- Manage and direct total program area and all assigned staff and grantees.
- Establish external partnerships to coordinate maternal health directives statewide, including but not limited to lactation, prenatal smoking cessation, home visiting, and pre- and inter-conception health.
- Work with MCH epidemiologists to develop a variety of statistical and narrative reports identifying maternal health trends and needs to address Indiana's high infant mortality rate.
- Represent the Indiana Department of Health and MCH regarding the health of women of childbearing age in encounters with federal, state, and local agencies and other community stakeholders.

2003 – 2012

Indiana University Health

2003-2012 Women's Perinatal Wellness Program Coordinator

2006-2012 Women's Breast Oncology Prosthesis Program

Oversee all business development functions for Expressions Women's Wellness Centers within the Indiana University Health system. Direct responsibilities include service and product presence in six area hospitals to enhance each hospital's outreach activities and regional presence.

- Direct activities of the Expressions Women’s Wellness Center with other department staff and programs, including inpatient lactation and breast oncology, childbirth education, perinatal mood disorders, perinatal bereavement, breast oncology services, and other IU Health outpatient and marketing initiatives.
- Provide leadership and education efforts internally as well as informally to local, regional, and statewide programs for outpatient lactation support, especially as it relates to breast pump supplies and programs to increase IU Health’s presence in the women’s health arena.
- Successfully forecasted and implemented a comprehensive durable medical equipment boutique component to include oncology products for women undergoing breast cancer treatment, including breast prosthesis, mastectomy and post-op garments, cranial prosthesis, and lymphedema management products.
- Regarded as advisor and mentor to other lactation professionals throughout Indiana for planning purposes and program implementation including reporting, program evaluation, coaching and working with the executive team to heighten awareness of the hospitals’ role in breastfeeding success.
- Participate in area childbirth education, perinatal bereavement, mood disorder, lactation, and other professional association conferences as part of IU Health Women’s Programs to demonstrate the hospital system’s commitment to premier professional and patient support for such areas.
- Responsible for the selection, orientation, supervision and evaluation of outpatient lactation and oncology Expressions personnel.
- Responsible for development of goals and objectives for the department. Participate in the development of the budget for the center and its programs. Prepares reports and other documents that describe services or document progress toward established goals or objectives, including all policy and regulatory compliance imperatives.

Grants and Contracts

2012 – 2015	Grant, Maternal, Infant, and Early Childhood Home Visiting Program (MIECHV)
2012 – 2017 2016	Grant, Title V (maternal health initiatives, Indiana) 2012 – Grant, Free Pregnancy Test Program
2013 – 2017	Grant, Substance Abuse Prevention, Division of Mental Health and Addiction, State of Indiana, Baby and Me - Tobacco Free™
2013 – 2017	Grant, Utilization of Incentives for Prenatal Smoking Cessation, Indiana University Schools of Public Health

- 2016 – 2017 Cooperative Agreement, Pregnancy Risk Assessment Monitoring System (PRAMS), Centers for Disease Control and Prevention
- 2014 - 2015 Contract, Breastfeeding Strategic Plan, National Institute for Children’s Health Quality, State of Indiana

Grant Review

- 2015 - 2017 March of Dimes, Indiana Chapter
- 2013, 2015 Title V Community Grant Applications, Indiana Division of Maternal and Child Health, U.S. Department of Health and Human Services Health Resources and Services Administration
- 2013, 2015 Quit for Baby Grant Application, Indiana Division of Maternal and Child Health, Indiana Division of Mental Health and Addiction
- 2014 Rape, Prevention and Education Grant Applications, Indiana Office of Women’s Health, U.S. Centers for Disease Control and Prevention 2014 Abstinence Education Grant Applications, Indiana Division of Maternal and Child Health, U.S. Department of Health and Human Services Health Resources and Services Administration
- 2014 Infant Mortality Grant Applications, Indiana State Department of Health
- 2013 Project LAUNCH Grant Applications, Indiana Division of Maternal and Child Health, Substance Abuse and Mental Health Services Administration

Refereed Presentations

Runge, C., Fiscus, M., & Adams, L. (2019) *The Enduring Commitment to Reduce the Burden of Tobacco: How the Tennessee Department of Health and Tennessee State Medicaid (TennCare) Collaborated to Scale and Sustain a Statewide Evidence-Based Prenatal Cessation.* Breakout Session at the Association of Maternal and Child Health Programs Conference, Arlington, VA.

Runge, C., Fiscus, M., & Adams, L. (2018) *The Baby & Me Tobacco Free Program.* Breakout Session at the National Conference on Tobacco or Health Conference, Minneapolis, MN.

Runge, C. (2018). *An Innovative Utilization and Tracking of Restricted Gift Cards to Maximize Response Rates.* Poster Presentation at the American Association for Public Opinion Research, Denver CO.

Runge, C., Adams, L. (2017) *Baby & Me - Tobacco Free: An Evidence-Informed Program*

Successfully Sustained and Brought to Scale in Tennessee. Poster Presentation at the American Public Health Association Annual Conference, Atlanta, GA.

Runge, C., Adams, L. (2017) *Baby & Me - Tobacco Free: The Journey to Scale and Sustainability in Tennessee.* Breakout Session at the CityMatCH Annual Conference, Nashville, TN.

Runge, C. (2015) *Baby & Me, Tobacco Free: Indiana's Implementation.* Poster Presentation at the March of Dimes Prematurity Prevention Annual Conference, Arlington, VA.

Runge, C. (2014) *Baby & Me, Tobacco Free: Implementing an Evidence-Based Program to Improve Infant Mortality.* Poster Presentation at the American Public Health Association Annual Conference, New Orleans, LA.

Hunter, T., **Runge, C.,** & Bowman, R. (2014) *Improving the Health of Women of Child-bearing Age: Lessons Learned from the H.E.R.S. for Her Program.* Poster Presentation at the Association of Maternal and Child Health Programs Conference, Washington, D.C.

Other Professional Presentations

- 2023 Guest Lecturer, Global Patterns of Lactation, Global Current Events and Issues in Nutrition, University of Indianapolis MPH Program
- 2019 Purdue Health Symposium, Panel Presentation, Breaking Barriers: Improving Access to Health Services for Women and Children in Indiana
- 2016 PRAMS for Indiana, Presentation, Centers for Disease Control and Prevention
- 2016 Infant Mortality in Indiana, Indiana Public Health Conference, IUPUI
- 2016 Infant Mortality and ISDH Initiatives, Presentation, Grand Rounds, Lutheran Hospital
- 2016 Infant Mortality in Indiana: Past, Present and Future, Presentation, Public Health Nurse Conference
- 2015 Human Milk for Human Babies, Presentation, Institute for Strengthening Families, Department of Child Services.
- 2015 Baby & Me - Tobacco Free, Presentation, Promoting Smoke-Free Pregnancies
- 2014 Breastfeeding as a First-food Desert, Lecture, Nutrition & Health, IUPUI
- 2014 MCH and Infant Mortality, Presentation, Public Health Nurse Orientation
- 2014 Baby & Me - Tobacco Free, Presentation, Governor's Infant Mortality Task Force
- 2014 Breastfeeding's Impact on Infant Mortality, Presentation, March of Dimes Nursing Symposium
- 2014 Breastfeeding, an Indiana Update, Presentation, Office of Primary Care Learning Collaborative Session II

2013 Model Breastfeeding Policy Template for Hospitals

2012 Home Visiting in Indiana, Presentation, Region V U.S. Department of Health and Human Services Health Resources and Services Administration

Professional Committee Involvement

- March of Dimes Indiana Program Services Committee, Member
- Indiana Perinatal Quality Improvement Collaborative (IPQIC)
- Collaborative Improvement and Innovation Network (CoIIN), Indiana Leadership
- Indiana Breastfeeding Strategic Plan Taskforce, Lead Convener
- Indiana Centering Consortium
- Innovation Hub Review Team Member (AMCHP)